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## The Year I Turn.: A Quirky A-Z about Age

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By Angela Neustatter

Gibson Square Books Ltd. Hardback. Book Condition: new. BRAND NEW, The Year I Turn.: A Quirky A-Z about Age, Angela Neustatter, In this buoyant, inspirational A-Z, Angela Neustatter writes about the unexpectedly cheerful side of ageing. The ways we learn to deal with conflicts, problems, relationships, feelings about our appearance and behaviour through the years become lighter rather than heavier, even though the body may be moving in a different direction. Angela Neustatter considers in a lighthearted way what you can do to celebrate growing older. She wonders about the influence of age on dress - do you need to dress differently (no) or do you yourself start to change your views (yes), relationships with colleagues and friends, love and sex. This quirky book of observations will delight anyone of a certain age.



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