



Rischio tutto! Il piacere del rischio in adolescenza.

By -

Alpes Italia, 2009. Book Condition: new. A cura di Giuliodoro S., Pizzichini M. A. Roma, 2009; br., pp. 146, cm 15x21. L'adolescenza è l'età dei grandi slanci: affettivi, ideativi, estetici, che si alternano a momenti di chiusura, isolamento, delusione, tristezza, rabbia e sconforto. L'acquisizione del pensiero formale, delle capacità di ragionamento astratto e riflessivo, della logica ipotetico-deduttiva, stimola l'adolescente a porsi quesiti prima ignorati: "Chi sono io?", "Come mi vedo e come mi vedono gli altri?", "Qual è il mio posto nella società?", "Qual è il senso della mia vita?". Per dirla con lo psicoterapeuta Recanatini, possiamo considerare l'adolescenza come un mare, talvolta in tempesta, che il ragazzo, nella sua piccola e fragile imbarcazione, deve attraversare, cercando di mantenere la rotta, per trovare la sua isola: la sua identità ed il senso della propria esistenza. Gli autori partendo dalla lettura di tale realtà, invitano alla riflessione su l'oggetto più ostico per il modo degli adulti: il piacere del rischio!.



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