



**Football tactics and skills
(Author: Hughes) (Price: 15)
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paperback. Book Condition: New. Ship out in 2 business day, And Fast shipping, Free Tracking number will be provided after the shipment. Paperback. Pub Date :1996-09-01 Pages: 357 Publisher: Basic information of the Chinese sports newspaper. Inc. (People's Sports Publishing) title: football tactics and skills original price: 15 yuan Author: Hughes Press: China Sports Daily People's Sports Publishing) The Society of the total social (Te Jiashu Publication Date :1996-9-1 ISBN: 750091346x words: Pages: 357 Edition: Binding: Folio: 32 open Editor's Summary book by a brilliant exposition and the help of 250 amplitude exercises illustrated. comprehensively and systematically expounded the theory of football tactics and skills training. including competitions formation. learning and training principles to create space. passing and coordinate the attack. shot. and the porters. defensive positioning ball play the contents of the nine areas. About the training organization. the book. in addition to a systematic introduction to the technical and tactical factors closely related to the football game. and how to properly organize such technical and tactical exercises and how to further based on the original development practice. every practice process the observation points of the coaches gave clear hints. Chapter Contents Chapter race formation second chapter of the learning and...



Reviews

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