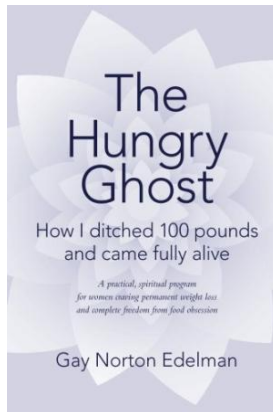


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# THE HUNGRY GHOST: HOW I DITCHED 100 POUNDS AND CAME FULLY ALIVE



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