



## Labyrinths Meditative Coloring, Book 5: Adult Coloring for Relaxation, Stress Reduction, Meditation, Spiritual Connection, Prayer, Centering, Healing, and Coming Into Your Deep True Self; For Ages 9-109 (Paperback)

By Aliyah Schick

Sacred Imprints, United States, 2011. Paperback. Book Condition: New. 272 x 213 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Adult coloring for relaxation, stress reduction, meditation, spiritual connection, prayer, centering, healing, and coming into your deep, true self. Ages 9 to 109. Color the drawings of Labyrinths: Meditative Coloring Book 5 to come into balance, calm, intuitive wisdom, spiritual connection, and peace, where you can access the best of yourself and learn to be more of what you are meant to be. Walking a labyrinth, whether with your feet, colored pencils or markers, tracing the path with your finger, or following it with your eyes, can change you. It has been called a pilgrimage, a spiritual journey, a path toward spiritual growth, enlightenment, or salvation. The labyrinth invites you to embrace your soul and come away with more of who you really are. It can change your life, expand what's possible, and open intuition, vision, wisdom, healing, and strength. Often the journey into the labyrinth is taken with a question in mind, or a prayer, or a need for healing. As you move further into the labyrinth you descend deeper into willingness, into yourself, and...

### Reviews

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